



## July 2023 Newsletter

# HARBOR Unitarian Universalist CONGREGATION

Muskegon, MI 49441-1719  
1296 Montgomery Ave. at McGraft

231-755-2932  
[www.harboruu.org](http://www.harboruu.org)

### *HUUC Mission Statement:*

Harbor Unitarian Universalist Congregation is a safe haven inspiring people to seek their own spiritual truths through worship and learning in community as we build a better world together.

### *HUUC Vision Statement:*

The people of Harbor Unitarian Universalist Congregation envision a community where connections are strengthened and deepened, where families are supported, and where diversity is celebrated.

Sue McIntire, *Music Director*

### *HUUC Board of Trustees*

Poppy Sias Hernandez, *President*  
Robin Dennany, *Vice President*  
Kurt Troutman, *Treasurer*  
Jones Barton, *Secretary*

### *Members at Large:*

Carolyn Holmes • Rebecca St. Clair • Kal Fox

## Sunday Worship Services

*Virtual!  
or In Person!*

Begin at  
10:30am

### July 2nd

*"Let Me Be Clear...!"*

Peggy Humphreys

This Sunday we will be continuing the annual tradition of **Free Speech Sunday** at HUUC. Members and friends are welcome to speak on their own subjects for up to 3 minutes. Come listen to us, and if you would like to speak out, please contact Peggy ([marpeghumphr@yahoo.com](mailto:marpeghumphr@yahoo.com)), who will be the worship coordinator. There might be a few slots of time left over where someone can give an impromptu message, but it's better to sign up so that your place among the speakers is assured! Please join our event celebrating democracy!

### July 9th

*"Focus"*

Dr. Lou Yock

Ancient wisdom agrees that "we are repeatedly what we do." It is all the more important then, to pay attention to that which we are doing. Focusing on our tasks, our routines, our attitudes, helps us to better be the people we would like to be.

### July 16th

*"Seeds We Sow"*

Rev. Mimi Bush

### July 23rd

*"We Built this City...of the Dead!"*

Anna L. EldenBrady

Perhaps you have heard of HUUC's annual City of the Dead historic cemetery reenactment tour? If yes, fabulous! If no...here's your chance! Join members of the City of the Dead cast, crew, and planning team to learn about this event, discover some of the stories Evergreen Cemetery has to offer, and to better understand why a group of dedicated UUs and community members spend so much time with the dead.

Congregants are invited to dress in historical garb or to embrace some midsummer spooky fashion in celebration of this event.

### July 30th

*"A Theology of Evolution"*

Jones Barton

"A Theology of Evolution" by Elizabeth M. Strong. Elizabeth Strong is a Clinical Social Worker and Therapist From Utica, MI. She has her Masters of Social Work with a focus on Cognitive Behavioral Therapy.

Zoom With Us at <https://zoom.us/j/91447658076>

# Greetings from the Board of Trustees

*Dearest Friends,*

It's my pleasure to write this message from the board as we sit fully into the swing of Summer. The solstice has just graced us and temperatures are sweltering. As I sit here in the sticky heat, waiting for a thunderstorm later this evening, I think it's important for us to embrace the seasons and changes in our lives. Some of us may loathe the heat and hours upon hours of light in summer, others may take no joy in the snow and deep darkness of winter, others of us may think any weather is for the birds, but all of it is part of the natural life of the earth around us, and all of it will pass, all of it will change, and all of it will progress.

In the same vein of life changing and progressing, Rev. Matthew Cockrum's consultancy with us has come to a conclusion. He will certainly be around here and there as he is able, but his formal contract with us has come to an end. I think this is a great opportunity for us to meditate on what we've learned about ourselves in the last year. The end of Matthew's consultancy is not an end to the work we do at HUUC, but merely a beginning. We now have the opportunity to take the things Matthew helped us discover about ourselves and the skills he helped us build and continue to apply those things to further build and strengthen our beloved community that we call home.

One huge effort that was inspired by our workshops and that I would like to highlight, is the development and adoption of our new Statement of Values. This statement gives us a firm and clear voice to the values we all work to affirm in our lives and work. The development of this statement was contributed to by all of us and I think it beautifully describes what we are working for at HUUC.

Harbor Unitarian Universalist Congregation (HUUC) is our spiritual home where we practice our values of **Acceptance, Compassion, and Social Justice** in the wider world.

HUUC is a community that:

- Welcomes and respects a diverse set of beliefs and the inherent worth and dignity of all people;
- Fosters love, kindness and friendship to all;
- Promotes practices to create a more just and healthy world.

Please have a safe and blessed summer, filled with exciting experiences and growth.

Yours in Beloved Community,  
Jones Barton  
HUUC Board Secretary

Next HUUC Board Meeting: Monday, July 17th • 6:30 pm  
All are welcome!  
in person or via zoom: <https://zoom.us/j/96744707168>

## News from CARING COMMITTEE...

*The caring team has become a strong and vital part of our UU experience. We acknowledge the vital and valuable part we play in this sacred space and to that end, we hope that you will turn to us for any issue that is a concern in your life. We are here to help you carry those difficulties that make knots in our lives. We offer a hand, a shoulder or an ear for those times. Please reach out - we are here.*

Several people attended all of HUUC services in JUNE (either in person or on Zoom). Out of those with perfect attendance we drew a name to win a prize. **Congratulations to David McIntire!** We appreciate you continuing to show up at HUUC!

Looking at the entire church year, Carolyn Holmes and David McIntire attended the most Sunday services—46 each. Thank you both for your continued commitment to HUUC!

We have five members:

Sue McIntire, Christine Cleary, Chad Axe, Nancy Johnson, and Ange Barnes.

(If you would like to be involved in any way, please let one of us know.)

Contact: Sue McIntire (231) 563-3988



**...There's  
Always  
Grounds For  
One More...  
Reserve Your  
~~Plot~~ Spot  
Today!**

## HUUC FUNDRAISER NEEDS YOU!



***A historical tour of Muskegon's  
oldest city-owned cemetery.***

Tour guides walk their groups through towering monuments and towering trees while introducing guests to some of Evergreen Cemetery's residents. A full cast interprets Muskegon's former members through historical documentation, time-period clothing, context and language as we walk through this Victorian garden cemetery.

CITYOFTHEDEADMUSKEGON@GMAIL.COM  
FACEBOOK.COM/CITYOFTHEDEADMUSKEGON

# CITY of the DEAD

**CALLING ALL  
Poets & Troubadours!**



On **August 20** we will offer a service celebrating the creative gift of poetry. If **you have** a poem that you have written or one that you have discovered and would like to share, please contact Carolyn Holmes to be included in the Worship Service. If you have a **favorite poem** but would prefer to have someone else read it, that's welcome too! **Songs** also qualify so if you would like to share a song with the congregation let us know!

Carolyn 231-327-0375 or  
holmesland58@gmail.com

**HUUC Earth-Based Spiritualists**

**MEETING & PLANNING**

**Weds, July 12th @6:30pm**

**Lughnasah  
Ceremony & Celebration  
Tues, Aug 1st @6:30pm**

**HUUC Lower Level**

**Q&A's: [gingermajick@hotmail.com](mailto:gingermajick@hotmail.com)  
or text/call 231.206.4947**

**All Are Welcome!**

**Choir is on  
Summer Break!**

**Practices Resume  
Late August**

**While you enjoy  
Summer Adventures...**

Remember to gather  
**A SAMPLE OF WATER**  
for our Annual Fall  
Ingathering Service



While we are enjoying the Summer weather and perhaps traveling or staying in our own back yards, remember to save a sample of water to represent your experiences and bring it to our "Water Ceremony" on September 10. We will observe our uniquely UU tradition of blending waters from our lives as we regroup after our busy summer activities and begin a new "church year."





## Cozy Craft Circle

meets July 10th and 24th from 6:30-8:30pm in the social hall. Bring a work-in-progress, something new, or just a notebook to brainstorm and collect inspiration. You are encouraged to bring a beverage of choice and snacks to share. This is a welcoming space to stretch your creativity and socialize. We'll use the side door, but if you need the front door available for accessibility, message Robin at 2482291601. Join our FB group, via the HUUC News and Events page - Cozy Craft Corner. Happy Crafting!

## YOGA ALL WELCOME!



**Thursdays 5:30-6:30**  
**1296 Montgomery • 49441**

## The newly organized **SOCIAL ACTION** Committee

is focusing on a major ongoing project instead of a lot of smaller ones. One that hopefully HUUC will eventually be known for and will attract new members. There seems to be a lot of excitement around tutoring 1-3rd graders at Bunker Elementary or our church. We are in the middle of narrowing it down to something a small church can manage and have minimal or no cost. Half a dozen members have already expressed interest in volunteering. And the school is excited about how we can help. Once it is more nailed down, we will present it to the board.

We will continue to encourage members to

- participate in Supper House,
- participate in Adopt a Family for Christmas
- participate in Pride Muskegon

Stay tuned - HUUC is on the move.

Contact Marcia Hovey-Wright if you have any questions or want to volunteer  
231 7408492

Please submit information for the **August Newsletter** by Monday, August 31st to Jessica at [gingermajick@hotmail.com](mailto:gingermajick@hotmail.com) • text or call 231.206.4947

# 2023 JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					4:30p 4H Mtg	1
2 10:30a Worship	3	4	5	6 5:30p Yoga	7	8
9 10:30a Worship	10 6:30p Craft Corner	11	12 7:00p Earth Based Spiritualist Mtg	13 5:30p Yoga	14 4:30p 4H Mtg	15
16 10:30a Worship	17 6:30p Board Mtg	18 7:30p Worship Committee	19	20 5:30p Yoga	21	22
23 10:30a Worship	24 6:30p Craft Corner	25	26	27 5:30p Yoga	28	29
30 10:30a Worship	31 7:00p Newsletter Deadline					